



Models of Frequency

	Intensive	Weekly	Periodic	Consultative
	3 to 5 times per week, up to 2 weeks	1 or 2 times per week	1 time per month	Quarterly, Semi-annually, or Annually
Treatment Focus	<ul style="list-style-type: none"> -Short time frame with high frequency to work toward a 1-2 specific goals of a new skill -Recover function lost by recent change (surgery, illness, trauma) 	<ul style="list-style-type: none"> -Working toward 3-4 goals for strength, balance, or developmental skills -Initial treatment course to develop a home program. 	<ul style="list-style-type: none"> -Regular progression of a home program -Measuring and monitoring progress or decline 	<ul style="list-style-type: none"> -Consultation to support home and community need. -Measuring and monitoring progress or decline
Child	<ul style="list-style-type: none"> -Going through a period of quick improvement or decline -Recovering from illness, surgery, or trauma -Learns best with a high number of repetitions to gain a new skill -Getting ready to take part in a new sport or activity 	<ul style="list-style-type: none"> -Completing activities regularly at home or in community to supplement therapy sessions -Continuous progress towards improvement in skills 	<ul style="list-style-type: none"> -Participates actively in home and /or community program -Requires time for functional practice of skills in the community. -Does not have frequent changes in status requiring more regular monitoring by PT 	<ul style="list-style-type: none"> -Long-term diagnosis that has episodes of change -Has been successful with monthly for a period of time and requires ongoing "well visits" -Independently progresses towards goals through community participation
Physical Therapist	<ul style="list-style-type: none"> -High level of support and problem solving for progressing plan of care -Provides extensive education throughout intensive 	<ul style="list-style-type: none"> -Make regular changes to treatment activities and ongoing plan of care -Provides regular education 	<ul style="list-style-type: none"> -Provides updates to home program on regular basis -Recommends increase or decrease in frequency based on progress measured 	<ul style="list-style-type: none"> -Evaluates for change in status or warning signs for future complications that family may not have noticed -Determine need for more regular intervention -Provides recommendations for additional resources or disciplines
Parent and Caregiver Role	<ul style="list-style-type: none"> -Prompt and 100% attendance in scheduled intensive -Limited therapy program performed at home during intensive -Ends intensive episode with specific tasks to do during times when child is not actively in therapy sessions. 	<ul style="list-style-type: none"> -Participates in regular problem solving with therapist -Supports therapy by assisting child to complete supplemental activities 2-3 times per week in addition to therapy sessions 	<ul style="list-style-type: none"> -Supports child in their home program and supplemental community activities 	<ul style="list-style-type: none"> -Supports child in their home program and community involvement -Aware of signs of worsening that would point to the need to check in with PT